



The Wellness Way
We don't guess...we test!

Chaste Tree

Chaste Tree contains methoxylated flavones, iridoid glycosides, and a collection of terpenes that have shown useful in hormone regulation, menstrual cycle irregularities, and PMS. It has also been used for promoting healthy breast tissue, female infertility, preventing miscarriage, and encouraging breast milk production.

It has been used in men to improve urine flow associated with prostate health.

Its support of nervous and endocrine system function make it useful in reducing headaches, body inflammation, and swelling.

Chaste Tree contains flavonoids, glycosides, an essential oil containing sesquiterpenes and other compounds which together:

- Promote a natural, healthy balance within the female endocrine system (particularly in relation to supporting normal progesterone levels)
- Encourages healthy menstrual cycling
- Ease discomfort associated with premenstrual syndrome
- Supports normal reproductive function in women
- Maintains healthy skin in circumstances requiring a normal hormone balance (in men and women)
- Ease temporary feelings of tension associated with the menstrual cycle



Supplement Facts

Serving Size: 2.5 mL
Servings Per Container: 72

	Amount Per Serving	% Daily Value
Calories 12.5		
Chaste Tree Fruit 1:2 extract from Vitex agnus-castus 500mg	2.5 mL	**

**Daily Value not established.

Other ingredients: Purified water, alcohol.

Directions: Take 2.5 mL once in the morning and take 2.5 mL in the evening, both with water, juice, or as directed by your health care professional.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease